# MAKOTEK BENEFITS OPEN ENROLLMENT

**SEPTEMBER 22-25, 2020** 



### IMPORTANT DATES

Healthcare Carrier – United Healthcare

**Open Enrollment Period:** 

**September 22-25, 2020** 

**Dates of Coverage:** 

October 1, 2020-September 30, 2021

\*No changes will be allowed after the annual enrollment period unless there is a qualifying event.\*



### **IMPORTANT DATES**



UHC provides access to programs that empower you to make more informed health decisions and support to help you reach your own health and wellness goals.



#### **Preventive Care- Covered at 100%**





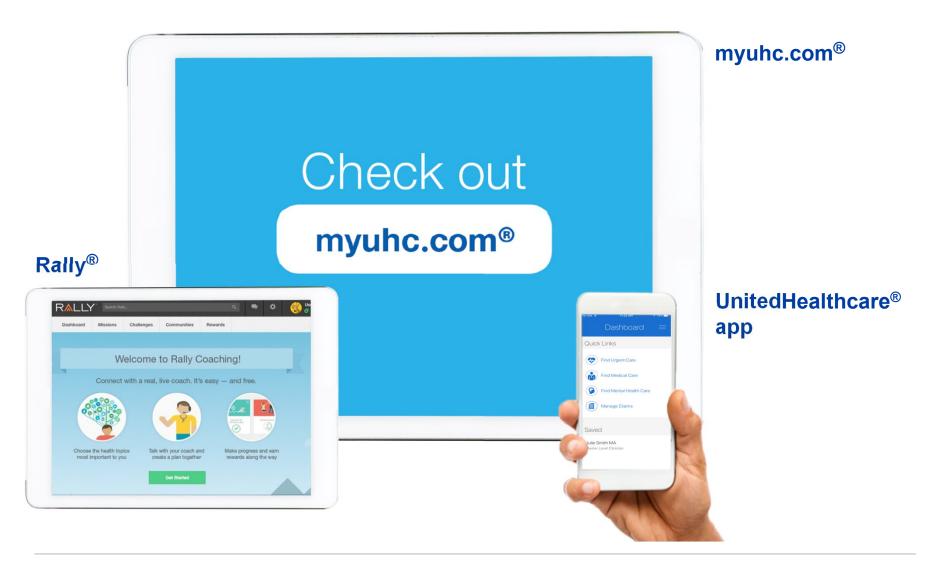
- · One physical checkup every year.
  - One OB/GYN checkup every year (Pap smear).
    - One breast cancer screening every year (mammogram including 3-D mammogram).
      - Birth control (pills or other forms).
    - Shots for measles or other childhood diseases, including flu shots.
    - One colonoscopy every 5 years.
- Tobacco cessation program and associated medications.

To see a list of preventive care guidelines, visit **uhc.com/preventive care**.

Please read your plan documents. Additional information such as benefit details, plan limitations and exclusions, and the costs of coverage can be found in the Summary of Benefits.

# Manage your plan and health online (and on the go).





#### 3 easy ways to find a network provider.



- Look for the "Find a Doctor" button on myuhc.com®.
- Call the number on your health plan ID card.
- Search using the Health4Me® mobile app.

# Your member website:

myuhc.com®

# Want to save money? Use network providers.



Network providers help you save money because they provide services at a discounted rate.

#### UnitedHealthcare's **Covered services** networks include: include<sup>1</sup>: 930,000+ Doctor office visits physicians and health care professionals\* Prescription drugs 5,600+ hospitals\* 67,000+ Hospital care pharmacies

<sup>\*</sup>UnitedHealthcare internal analysis Q1 2018.

<sup>\*\*</sup>As of 3/31/17. Facts 2017 Q1 UnitedHealth Group.

<sup>&</sup>lt;sup>1</sup> This is not the complete list of covered services. For more details, see your official health plan documents.

#### Your covered medications.



# OptumRx® is your UnitedHealthcare® plan's pharmacy care services manager.

OptumRx is committed to helping provide you with safer, easier and lower-cost ways to get the medication you need.



# Promoting safe and appropriate prescription use.





#### **Prior Authorization.**

- Requires your doctor to tell UnitedHealthcare why you're taking a medication for coverage purposes.
- To start the process, talk to your doctor or call the number on your ID card.



#### **Supply Limits.**

- The largest quantity of medication covered per copayment or in a defined time period.
- Based on FDA guidelines for medication dosage, clinical guidelines or usage patterns.



#### Step Therapy.

- **Step 1 Medications:** Proven to be clinically similar and effective.
- Step 2 Medications: Treats the same condition but may cost more.







Try a lower cost medication first



Before a higher cost medication is covered

#### How we cover prescriptions.



The UnitedHealthcare **Prescription Drug List (PDL)** is a list of commonly prescribed medications covered by the plan.

Medications are placed into tiers that represent the cost you pay out of pocket.





- · Lower-cost medications.
- Highest overall value.
- Mostly generics.

TIER 2

- Mid-range cost.
- Good overall value.
- Mix of brands and generics.

TIER 3

- Higher-cost medications.
- · Lowest overall value.
- Mostly brands.

### Manage your pharmacy benefits on the go. UnitedHealthcare



#### With myuhc.com<sup>®</sup> and the Health4Me<sup>®</sup> app<sup>1</sup>, you can:

- Enroll in home delivery.
- Find network pharmacies.
- Refill prescriptions and set up reminders.
- **Estimate and compare** medication costs.
- Search your plan's PDL.



<sup>&</sup>lt;sup>1</sup> The UnitedHealthcare app can also help determine how a medication is covered and whether or not there are other options to help save you money.

### 3 easy ways to find a network provider.



- Look for the "Find a Doctor" button on myuhc.com®.
- 2 Call the number on your health plan ID card.
- Search using the UnitedHealthcare® mobile app.

# Your member website:

myuhc.com®

#### Your path to better health.



#### **Rally**®

- Get personalized recommendations.
- Earn Rally coins for taking healthy actions.
- Connect with a community.
- Track your progress to stay motivated.



### **Get your Rally Age<sup>™</sup>.**



- Take the Health Survey.
- Pick Missions to match your goals.
- Compete in fun challenges.
- Earn coins for a chance to win great prizes.



#### Virtual Visits: 24/7 access to care.



# Get care whenever and wherever you need it — all from the convenience of home (or work).



Use your phone or mobile device to receive care 24/7.



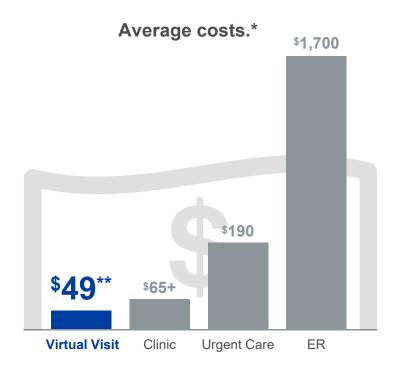
Visits typically take less than 20 minutes.<sup>1</sup>



Physicians can diagnose and prescribe medications.



Avoid a trip to the doctor's office.



<sup>\*</sup>Claim rates are negotiated with each Virtual Visit Provider group and will vary.

<sup>\*\*</sup>The Designated Virtual Visit Provider's reduced rate for a Virtual Visit is subject to change at any time.

<sup>&</sup>lt;sup>1</sup> Average based on monthly data reports from Virtual Visit providers.

#### When to use Virtual Visits.



#### **Virtual Visits are appropriate for:**

- ✓ Allergies
- ✓ Bladder infections
- Bronchitis
- Coughs/colds
- Diarrhea
- Fevers
- **✓** Flu

- ✓ Headaches/migraine
- ✓ Pink eye
- Rashes
- ✓ Sinus infections
- Sore throats
- ✓ Stomachaches
- And more



<sup>&</sup>lt;sup>1</sup> Based on analysis of 2016 UnitedHealthcare ER claim volumes, where ER visits are low acuity and could be treated in a Virtual Visit, primary care physician or urgent/convenient care setting.

# **UNITED HEALTHCARE PLANS**

Makotek employees can select from 3 United plans

- 1) Choice Plus AHIZ \$3,000 deductible/70% coverage
- 2) Choice Plus BWRA \$2,000 deductible/80% coverage
- 3) Choice Plus BWQW \$1,000 deductible/90% coverage
- 4) Choice Plus AHJE \$5,500 deductible/70% coverage

Additional HSA Plan offered this year

Information about deductibles, in-network and out-of-network benefits, and rates are provided in the next pages.

When searching for participating providers the network for all medical plan options is CHOICEPLUS- you can search for providers on myuhc.com.



# No Change in Benefits

# 1) Choice Plus AHIZ - In-Network Benefits

|                                       | 2019 – 2020<br>ChoicePlus HDHP<br>W7Z \$3000/70% | 2020 – 2021<br>ChoicePlus AHIZ<br>\$3000/70% |
|---------------------------------------|--|--|
| Calendar Year Deductible - Individual | \$3,000  | \$3,000                                      |
| Calendar Year Deductible - Family     | \$6,000  | \$6,000                                      |
| Out-of-Pocket Maximum - Individual    | \$6,250  | \$6,250                                      |
| Out-of-Pocket Maximum - Family        | \$12,500   | \$12,500                                     |
| Co-Insurance                          | 30%  | 30%  |
| Office Visit - PCP                    | 30% after deductible                             | 30% after deductible                         |
| Office Visit - Specialist             | 30% after deductible                             | 30% after deductible                         |
| Hospital Care - Inpatient             | 30% after deductible                             | 30% after deductible                         |
| Pharmacy                              | \$15/35/60                                       | \$10/25/70                                   |



# No Change in Benefits

# 1) Choice Plus AHIZ - Out-of-Network Benefits

|                                       | 2019 – 2020<br>ChoicePlus HDHP<br>W7Z \$3000/70% | 2020 – 2021<br>ChoicePlus AHIZ<br>\$3000/70% |  |
|---------------------------------------|--|--|--|
| Calendar Year Deductible - Individual | \$5,000  | \$5,000                                      |  |
| Calendar Year Deductible - Family     | \$10,000   | \$10,000                                     |  |
| Out-of-Pocket Maximum - Individual    | \$10,000   | \$10,000                                     |  |
| Out-of-Pocket Maximum - Family        | \$20,000   | \$20,000                                     |  |
| Co-Insurance                          | 50%  | 50%  |  |



#### 1) Choice Plus AHIZ - Rates 2019 - 20202020 - 2021**ChoicePlus HDHP** ChoicePlus AHIZ W7Z \$3000/70% \$3000/70% **Monthly** Weekly Monthly Weekly **Employee** \$165.25 \$ 38.14 \$214.08 \$49.40 Employee & Spouse \$774.67 \$178.77 \$839.94 \$193.33 Employee & Child(ren) \$721.72 \$166.55 \$776.07 \$179.09

\$322.53

\$1591.36

\$367.24

\$1397.65



Employee & Family

No Change in Benefits

# 2) Choice Plus BWRA-In-Network Benefits

|                                       | 2019 - 2020<br>Choice Plus OLJ<br>\$2000/80% | 2020 – 2021<br>Choice Plus BWRA<br>\$2000/80% |
|---------------------------------------|--|---|
| Calendar Year Deductible - Individual | \$2,000                                      | \$2,000                                       |
| Calendar Year Deductible - Family     | \$6,000                                      | \$6,000                                       |
| Out-of-Pocket Maximum - Individual    | \$4,000                                      | \$4,000                                       |
| Out-of-Pocket Maximum - Family        | \$12,000                                     | \$12,000                                      |
| Co-Insurance                          | 20%  | 20%   |
| Office Visit - PCP                    | \$40   | \$40  |
| Office Visit - Specialist             | \$40   | \$40  |
| Emergency Room Services               | \$200 copay per visit                        | \$200 copay per visit                         |
| Hospital Care - Inpatient             | 20% after deductible                         | 20% after deductible                          |
| Pharmacy                              | \$15/35/75                                   | \$10/25/70                                    |



No Change in Benefits

# 2) Choice Plus BWRA-Out-of-Network Benefits

|                                       | 2019 - 2020<br>Choice Plus OLJ<br>\$2000/80% | 2020 - 2021<br>Choice Plus BWRA<br>\$2000/80% |
|---------------------------------------|--|---|
| Calendar Year Deductible - Individual | \$4,000                                      | \$4,000                                       |
| Calendar Year Deductible - Family     | \$12,000                                     | \$12,000                                      |
| Out-of-Pocket Maximum - Individual    | \$8,000                                      | \$8,000                                       |
| Out-of-Pocket Maximum - Family        | \$24,000                                     | \$24,000                                      |
| Co-Insurance                          | 40%  | 40%   |



# 2) Choice Plus BWRA - Rates

|                       | 2019 – 2020<br>Choice Plus OLU<br>\$2000/80% |          | 2020 – 2021<br>Choice Plus BWR/<br>\$2000/80% |          |
|-----------------------|--|----------|---|----------|
|                       | Monthly Weekly                               |          | Monthly                                       | Weekly   |
| Employee              | \$444.16                                     | \$102.50 | \$495.32                                      | \$114.30 |
| Employee & Spouse     | \$1148.26                                    | \$264.98 | \$1397.69                                     | \$322.54 |
| Employee & Child(ren) | \$1076.41                                    | \$248.40 | \$1305.63                                     | \$301.30 |
| Employee & Family     | \$1993.63                                    | \$460.07 | \$2481.16                                     | \$572.58 |



No Change in Benefits

# 3) Choice Plus BWRQ – In-Network Benefits

|                                       | 2019 – 2020<br>Choice Plus OLU<br>\$1000/90% | 2020 – 2021<br>Choice Plus BWRQ<br>\$1000/90% |
|---------------------------------------|--|---|
| Calendar Year Deductible - Individual | \$1,000                                      | \$1,000                                       |
| Calendar Year Deductible - Family     | \$3,000                                      | \$3,000                                       |
| Out-of-Pocket Maximum - Individual    | \$2,000                                      | \$2,000                                       |
| Out-of-Pocket Maximum - Family        | \$6,000                                      | \$6,000                                       |
| Co-Insurance                          | 10%  | 10%   |
| Office Visit - PCP                    | \$40   | \$40  |
| Office Visit - Specialist             | \$40   | \$40  |
| Hospital Care - Inpatient             | \$300 copay per stay                         | \$300 copay per stay                          |
| Emergency Room Services               | \$200 copay per visit                        | \$200 copay per visit                         |
| Pharmacy                              | \$15/35/75                                   | \$10/25/70                                    |



# No Change in Benefits

# 3)Choice Plus BWRQ - Out-of-Network Benefits

|                                       |            | 2020 – 2021<br>Choice Plus BWRQ |
|---------------------------------------|------------|---------------------------------|
|                                       | \$1000/90% | \$1000/90%                      |
| Calendar Year Deductible - Individual | \$3,000    | \$3,000                         |
| Calendar Year Deductible - Family     | \$9,000    | \$9,000                         |
| Out-of-Pocket Maximum - Individual    | \$6,000    | \$6,000                         |
| Out-of-Pocket Maximum - Family        | \$18,000   | \$18,000                        |
| Co-Insurance                          | 30%        | 30%                             |



# 3) Choice Plus BWRQ - Rates

|                       | 2019 – 2020<br>Choice Plus OLU<br>\$1000/90% |          | 2020 – 2021<br>Choice Plus BWR<br>\$1000/90% |          |
|-----------------------|--|----------|--|----------|
|                       | Monthly                                      | Weekly   | Monthly                                      | Weekly   |
| Employee              | \$525.50                                     | \$121.27 | \$597.31                                     | \$137.84 |
| Employee & Spouse     | \$1309.56                                    | \$302.21 | \$1599.97                                    | \$369.22 |
| Employee & Child(ren) | \$1229.57                                    | \$283.75 | \$1497.67                                    | \$345.62 |
| Employee & Family     | \$2250.97                                    | \$519.45 | \$2803.83                                    | \$647.04 |



## 4) Choice Plus AHJE - In-Network Benefits

|                                       | 2020 - 2021<br>ChoicePlus AHJE |
|---------------------------------------|--------------------------------|
|                                       | \$5500/70%                     |
| Calendar Year Deductible - Individual | \$5,500                        |
| Calendar Year Deductible - Family     | \$11,000                       |
| Out-of-Pocket Maximum - Individual    | \$6,550                        |
| Out-of-Pocket Maximum - Family        | \$13,100                       |
| Co-Insurance                          | 30%                            |
| Office Visit - PCP                    | 30% after deductible           |
| Office Visit - Specialist             | 30% after deductible           |
| Hospital Care - Inpatient             | 30% after deductible           |
| Pharmacy                              | \$10 <sub>/</sub> 35/70        |



## 4) Choice Plus AHJE - Out-of-Network Benefits

|                                       | 2020 – 2021<br>ChoicePlus AHJE<br>\$7500/50% |
|---------------------------------------|--|
| Calendar Year Deductible - Individual | \$7,500                                      |
| Calendar Year Deductible - Family     | \$15,000                                     |
| Out-of-Pocket Maximum - Individual    | \$10,000                                     |
| Out-of-Pocket Maximum - Family        | \$20,000                                     |
| Co-Insurance                          | 50%  |



#### 4) Choice Plus AHJE - Rates 2020 - 2021 **ChoicePlus AHJE** \$5500/70% **Monthly** Weekly **Employee** \$165.28 \$38.14 Employee & Spouse \$171.50 \$743.15 Employee & Child(ren) \$684.19 \$157.89 Employee & Family \$1436.96 \$331.61



# No Change in Benefits **Dental Insurance Plans – 2 Plans Offered**

|                                       | Option 1:<br>UHC Plan 956866<br>Preventative Plus<br>(PPO) | Option 2:<br>UHC Plan 956867<br>Preventative Preferred<br>(PPO) |
|---------------------------------------|--|---|
| Annual Deductible - Individual/Family | \$50 / \$150   | \$25 / \$75   |
| Preventative Services                 | 100% (no deductible)                                       | 80% (no deductible)   |
| Basic Services                        | 50% (after deductible)                                     | 60% (after deductible)  |
| Major Services                        | Discount Services  | 60% (after deductible)  |
| Annual Benefit Max                    | \$1,000  | \$1,000   |
| Orthodontic Services                  | Not Covered  | 50%   |
| Ortho Lifetime Max                    | N/A  | \$1,000   |



# No Change in Plan or Rates **Dental Insurance Plans – Rates**

|                       | UHC<br>Plan 956866<br>Preventative Plus (PPO) |         | Plan 956866 |         | UH<br>Plan 9<br>Preventativ<br>(PP | 56867<br>e Preferred |
|-----------------------|---|---------|-------------|---------|------------------------------------|----------------------|
|                       | Monthly Weekly                                |         | Monthly     | Weekly  |                                    |                      |
| Employee              | \$12.41                                       | \$2.86  | \$ 35.34    | \$ 8.16 |                                    |                      |
| Employee & Spouse     | \$28.74                                       | \$6.63  | \$ 69.72    | \$16.09 |                                    |                      |
| Employee & Child(ren) | \$30.56                                       | \$7.05  | \$ 78.32    | \$18.07 |                                    |                      |
| Employee & Family     | \$47.72                                       | \$11.01 | \$112.70    | \$26.01 |                                    |                      |



No Change in Plan or Rates

# **Vision Insurance Plans – 2 Plans Offered**

|                             | UHC<br>V1187 - Value Plan<br>(PPO) | UHC<br>V1215 - Value Plan Plus<br>(PPO) |  |
|-----------------------------|------------------------------------|---|--|
| Eye Exam                    | \$10                               | \$10                                    |  |
| Exam Materials              | \$20                               | \$20                                    |  |
| Glasses Lenses              | 100%                               | 100%                                    |  |
| Lenticular                  | 100%                               | 100%                                    |  |
| Frames                      | 100% every 2 years                 | 100% every year                         |  |
| Retail Frame Allowance      | \$130                              | \$130                                   |  |
| Elective Contact Lenses     |                                    |   |  |
| Covered in full contacts    | 100% up to 4 boxes                 | 100% up to 6 boxes                      |  |
| All other elective contacts | up to \$125                        | up to \$150                             |  |
| Necessary Contacts          | 100%                               | 100%                                    |  |



No Change in Plan or Rates

#### **Vision Insurance Plans – Rates**

|                         | UHC<br>V1187 - Value Plan<br>(PPO) |        | UHC<br>V1215 - Value Plan Plus<br>(PPO) |        |
|-------------------------|------------------------------------|--------|---|--------|
|                         | Monthly                            | Weekly | Monthly                                 | Weekly |
| Employee                | \$ 6.18                            | \$1.43 | \$ 7.27                                 | \$1.68 |
| Employee and Spouse     | \$11.73                            | \$2.71 | \$13.78                                 | \$3.18 |
| Employee and Child(ren) | \$13.77                            | \$3.18 | \$16.16                                 | \$3.73 |
| Employee and Family     | \$19.36                            | \$4.47 | \$22.73                                 | \$5.25 |



#### **ENROLLMENT PERIOD**

# **Enrollment period September 22-25, 2020 Action required from ALL employees**

All employees must return to their manager a completed UHC Employment Application and Change Form to enroll/re-enroll in a healthcare plan or waive their healthcare benefits.

Even if employees plan to enroll in the same plan they currently are on, this form still must be completed.

You will not be able to make changes to your healthcare plan after September 25, 2020 without a qualifying event.



### **NEXT STEPS**



For information contact UHC at:

Current members www.myuhc.com HDHP members 1-866-314-0335 non HDHP members 1-866-633-2446

Not Currently enrolled visit https://uhc.welcometouhc.com

For Plan Summaries or a copy of this presentation visit:

www.makotek.net/Open Enrollment.html

To enroll/waive benefits go to: https://secure.bswift.com/default.aspx?abbrev=dntbenefits

For Makotek questions email hr@makotek.net

