

OCTOBER 2020

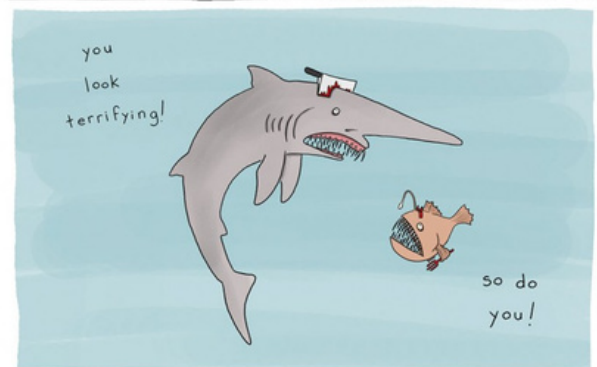
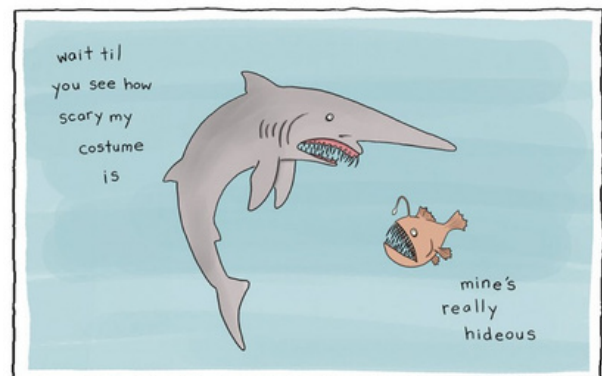
MAKOTEK NEWS

Official Newsletter of Makotek Inc.



MONTH STORIES

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Happy Halloween!

Have something important to share? Email us photos, announcements, etc. and we will feature it on social media! Email us at MakotekSocial@gmail.com

THANK YOU!

Dear Team Makotek,

We wanted to share a quick message to say how much we appreciate your work and dedication to Makotek right now. It's been tough this year. We know. Trying to navigate and balance our lives at home and work while we're in the middle of the COVID-19 pandemic is not easy, and there aren't easy solutions to make it all work. We appreciate your flexibility and understanding as we figure out the best way forward together. We have never been more proud of our team.

Since the beginning of the pandemic, keeping you safe has been our priority. With your full support and cooperation, we've been able to do that successfully. We're proud to see everyone adhering to recommended public health guidelines in all of our locations, and we appreciate your respect for the safety of your fellow team members and customers. We will continue to monitor and make changes to our safety procedures as needed.

We also know the COVID-19 pandemic has led to stress and anxiety for many of us. All the reports out there show that everyone is feeling this way right now. In any situation where there's uncertainty, it's normal and even expected to feel these things. Don't forget that we have an open door policy at Makotek, and you should not hesitate to talk to your manager about your anxiety at any time. The CDC has a page dedicated to Coping with COVID-19 Stress that includes resources and tips for dealing with stress and taking care of your mental health, and it's worth checking out: www.cdc.gov/coronavirus/2019-ncov/daily-life-coping/managing-stress-anxiety.html

The pandemic has made our jobs more difficult as well, and we know we've been asking a lot of you in our effort to serve our client and customers at the same high standard we are known for. We cannot say thank you enough for remaining motivated and dedicated to our team's goals. Please help us get the word out that we are hiring. We are looking to build our team and get you the support you need! Makotek is known and respected for being the best in our industry, and we are more confident than ever that the pandemic won't change that.

Thank you so much for your continued support. We will get through this together.

**Warm regards,
The Makotek Leadership Team**



MANAGER'S COLUMN

INVESTING IN YOUR OWN SUCCESS

by Clinton Stinnett, Supervisor NEO

We all want to succeed at our jobs. In order to achieve this, we must be willing to invest time into our goals. During this pandemic, some of us may have lost the motivation that our job requires. This is a normal response to uncertainty. The question is, how do you get motivation back?

- Time is our most important resource.
- Thoughts affect how we feel and consequently how we work. Negative thoughts create doubt, while positive thoughts will motivate.
- Set goals for yourself and try to achieve them every day.

If managing time is where you struggle, you can start by recognizing your top distractions and how to avoid them. Working in the field allows us to take that phone call from home or maybe a coworker asking how your day is going. These are examples of how we can lose valuable time. That ten minutes could have been used for more attempts on our work orders.

In recent months, we have had smaller workloads, which may have caused some of us to feel pessimistic about increasing our productivity. You need to eliminate the negative thoughts and promote the positive thoughts. We need to keep our heads up and our boots on the ground. Goals are easier to achieve when we set realistic ones. Start with doing better than you did the previous week. More attempts will only lead you to more saves and equipment!

“Without ambition one starts nothing. Without work one finishes nothing. The prize will not be sent to you. You have to win it.”

~Ralph Waldo Emerson



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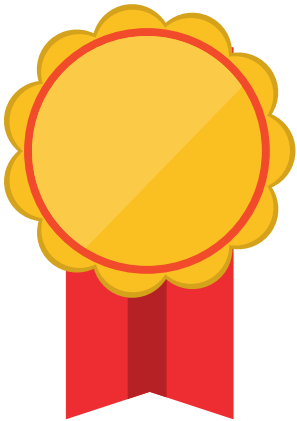
MOST IMPROVED SYSTEM

CENTRAL NEW YORK



Our System 26 all-stars have been at it again! We strive to improve every month, even during a pandemic. We enjoy overcoming all the obstacles put before us and will continue to do so. Team Makotek all the way!!!

~Brandon Sookrah, Mark Dodd, GMs



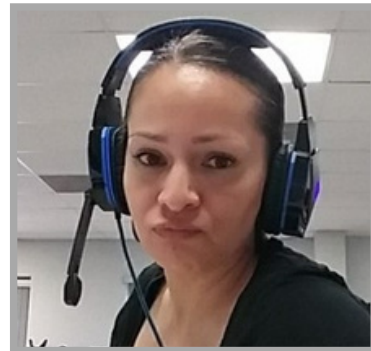
The rankings include all techs with a ranking based on a combination of saves, money collected, disconnects, equipment recovered, and hours worked. Awards go to the Top Tech, in each of three regions. Please review the list and let your managers know any feedback to improve future rankings. The standard has been set and everyone can look forward to new challengers next month.

EMPLOYEES OF THE MONTH



CPE COLLECTIONS - DAVID FARROW, CLEARWATER, FL

As a valued member of our ER team. Dave continues to impress us with his work ethic. He has no problem following our guidance and picking up as many pieces of EQ as possible. Keep up the GREAT work, Dave, and continue your success! ~Donnie Berry, GM



CALL CENTER - MARIA CRUZ, LONGWOOD, FL

Maria is one of our top leaders on our team and possesses one of the strongest work ethics in our office. Her determination to be the best and deliver great results daily is like none other. Congratulations, Maria! ~Steve Dilly GM



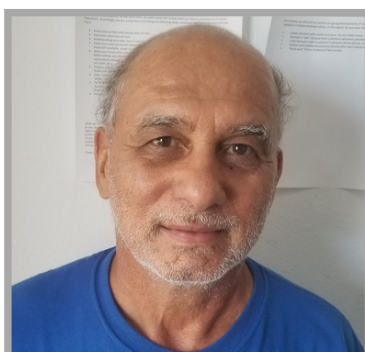
MIDWEST - JAMES STEFAN, CLEVELAND, OH

James Stefan continues his assault on the top tech awards. #13 overall and this one is back-to-back for James after winning last month. His hard work pays off, setting the bar high for everyone to shoot at. Keep up the great work, James. ~Tim Dodd, GM



EAST - MASANGA SASA, RALEIGH, NC

This is Masanga's second time receiving the top tech award this summer. He really put his nose to the grindstone and overcame challenges to be the East's top producer. Thanks for your hard work and dedication and keep up the outstanding work! ~Tim Faircloth, GM



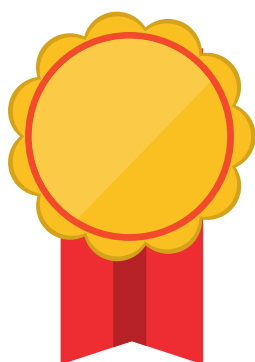
FL & NYC - TOMAS OCHOA, CLEARWATER, FL

Tommy was one of the first employees hired for the start up of the WFL market. He has continued to impress us with his work ethic, team first mentality and willingness to do what it takes to be successful. We all look forward to his continued success with Makotek! ~Chris Mills GM



FL & NYC - MARTIN KOCH, CLEARWATER, FL

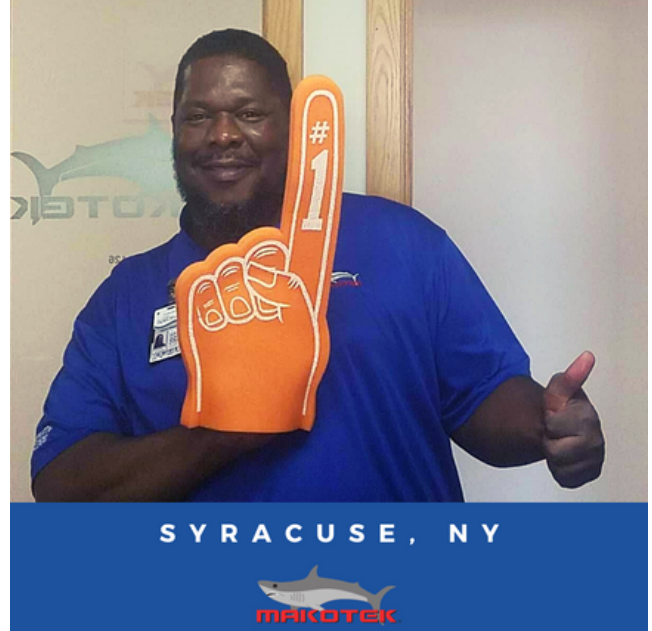
Marty goes above and beyond for the company. One of the most solid guys you could ask for. Marty is a pleasure to work with and will do anything asked. He deserves the accolades for the hard work and determination he has every day in the field. ~Donnie Berry, GM





Top Posts!

FROM MAKOTEK SOCIAL MEDIA



SYRACUSE, NY



SYRACUSE, NY



FOLLOW US!



Send your photos to MakotekSocial@gmail.com to be featured!

COPING WITH STRESS DURING COVID-19

One study found that 45% of adults say the COVID-19 pandemic has affected their mental health. It's normal to feel sad, stressed, confused, scared, or angry. Talking to people you trust can help.

MAINTAIN A HEALTHY LIFESTYLE

as best as you can with proper diet, adequate sleep and exercise, and social interaction with loved ones at home or online.

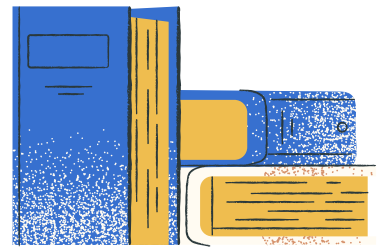


SEEK PROFESSIONAL HELP

for physical and mental health needs instead of using smoking, alcohol, or drugs to cope.

GATHER FACTUAL INFORMATION

from credible sources to help you accurately determine your risk and take reasonable precautions.



AVOID BAD MEDIA

Lessen the time you and your family spend watching or listening to media coverage of news that you find upsetting.

MANAGE YOUR EMOTIONS

by using skills that you've used in the past when facing life's adversities.



Misconceptions about the Flu Shot

With COVID-19 still lingering in our communities, it's important to maintain a strong immune system and keep from getting sick this winter season.

Do I really need to get the flu shot every year?

Yes. CDC recommends a yearly flu shot for everyone 6 months and older with rare exceptions. A person's immune protection from vaccination declines over time, so an annual vaccination is needed to get the best protection against the flu. Flu viruses are constantly changing, so the vaccine is reviewed each year and updated as needed based on which flu viruses are making people sick.

Will the flu vaccine give me the flu?

No, the vaccine cannot give you the flu. Side effects are common but mild when receiving the flu shot. In fact, the flu shot reduces the possibility of needing to see a doctor for flu by 40-60%*

Why did I still get flu symptoms after getting the vaccine?

During flu season, there are other respiratory viruses like rhinovirus (common cold) making the rounds. The flu vaccine only protects you against the flu. Remember: it takes about 2 weeks for your body to create antibodies for the flu. It is possible to catch the flu before the antibodies are formed.

Does the vaccine protect against all flu strains?

Flu vaccines are created every year to protect against the flu strains seen currently affecting people. It is possible to get infected by a completely different strain that the vaccine does not prevent.



*<https://www.cdc.gov/flu/prevent/misconceptions.htm>